

## References relating to adult ketogenic therapy:

1. Barborka CJ. Epilepsy in adults: results of treatment by ketogenic diet in one hundred cases. *Arch Neurol Psychiatry* 1930; 23:904–14.
2. Sirven J, Wheldon B, Caplan D, Liporace J, Glosser D, O’Dwyer J, Sperling MR. The ketogenic diet for intractable epilepsy in adults: preliminary results. *Epilepsia* 1999; 40: 1721–6.
3. Carrette E, Vonck K, De Herdt V, Dewaele I, Raedt R, Goossens L, Van Zandijcke M, Wadman W, Thadani V, Boon P. A pilot trial with modified Atkins’ diet in adult patients with refractory epilepsy. *Clin Neurol Neurosurg.* 2008 110(8): 797-803
4. Kossof EH, Rowley H, Sinha SR, Vining EP. A prospective study of the modified Atkins diet for intractable epilepsy in adults. *Epilepsia* 2008; 49:316–9.
5. Mosek A, Natour H, Neufeld MY, Shiff Y, Vaisman N. Ketogenic diet treatment in adults with refractory epilepsy: a prospective pilot study. *Seizure* 2009; 18:30–33.
6. Klein P, Janousek J, Barber A & Weissberger R. Ketogenic diet treatment in adults with refractory epilepsy. *Epilepsy Behav* 2010; 19: 575–9.
7. Smith M, Politzer N, MacGarvie D, McAndrews MP, Del Campo M. Efficacy and tolerability of the modified Atkins diet in adults with pharmaco-resistant epilepsy: a prospective observational study. *Epilepsia* 2011; 52: 775–80.
8. [Payne NE](#), [Cross JH](#), [Sander JW](#), [Sisodya SM](#). The ketogenic and related diets in adolescents and adults--a review. *Epilepsia* 2011; 52(11): 1941-8.
9. Lambrechts DA, Weilders LH, Aldenkamp AP, Kessels FG, De Kinderen RJ Majoie MJ. The ketogenic diet as a treatment option in adults with chronic refractory epilepsy: Efficacy and tolerability in clinical practice. *Epilepsy Behav* 2012; 23v(3):310-4.
10. Cervenka MC, Henry B, Nathan J, Wood S, Volek JS. Worldwide dietary therapies for adults with epilepsy and other disorders. *Journal of Child Neurology* 2013;28:1034-1040
11. Nei M, Ngo L, Sirven JI, Sperling MR. Ketogenic diet in adolescents and adults with epilepsy. *Seizure* 2014 June; 23(6):439-42
12. Schoeler NE, Wood S, Aldridge, Sander JW, Cross JH, Sisodiya SM. Ketogenic diet therapies for adults with epilepsy: Feasibility and classification of response. *Epilepsy & Behavior* 2014; 37:77-81.
13. Cervenka MC, Patton K, Eloyan A, Henry B, Kossoff EH. The impact of the modified Atkins diet on Lipid profiles in adults with epilepsy. *Nutritional Neuroscience* 2014. Information from author ahead of publication.

14. Paoli A, Rubini A, Volek JS, Grimaldi KA. Beyond weight loss: A review of the therapeutic uses of very low carbohydrate (ketogenic) diets. *European Journal of Clinical Nutrition* 2013; 67:789-796.
15. Fang Y, Xiao-Jai L, Wan-Lin J, Hong-Bin S, Jie L. Efficacy of and patient compliance with a ketogenic diet in adults with intractable epilepsy: A meta-analysis. *J Clin Neurol* 2015; 11(1):26-31.

#### TEXTBOOK

Wood S. Dietary treatment of epilepsy in adults. In: Neal EG, editor. *Dietary Treatment of Epilepsy; practical implementation of ketogenic therapy*. Oxford: Wiley-Blackwell; 2012:189-197.